



## **Cheerleader Code of Ethics Medina Youth Football Association**

### **Cheerleader Code of Conduct**

Welcome to MYFA Cheerleading! We are very proud of our cheerleaders, and to maintain a successful and smooth program, all cheerleaders must know what is expected of them. You are now part of a team.... Your attitude, allegiance and absences impact the whole team.

Rule #1      Have Fun

Rule #2      Learn to Live by the MYFA Motto: HEART PRIDE DISCIPLINE

The Purpose of Cheerleading:

- To promote team spirit
- Encourage good sportsmanship and citizenship
- Set an example of leadership, respect, tolerance and self control

MYFA promises to help you: learn lifelong fitness and social skills and to become a good family member, a good athlete and a good teammate.

### **I PROMISE TO:**

Always arrive early and prepared for practices.

I will wear tennis shoes, have my hair tied back and bring a labeled water bottle.

Inform my advisor or coach 24 hours in advance of any absence.

Always check the website for updated information.

Follow all check in/ check out procedures.

Follow all safety policies.

Notify the Head Coach of any emergency situation, illness, injury or any problem.

Maintain a positive attitude and 100% cooperation.

Display good sportsmanship at all times.

Respect the coaches at all times by addressing them as Miss, Mrs. Or Coach

Never talk when the coach is talking. I will not be disruptive to coaches and teammates.

Strive for good grades at school.

Attend all games and practices. I am responsible to learn any cheer/skill/routine that I have missed due to absence and will not participate in that skill until it is learned.

Absolutely no gum chewing or snacking during practice or during gametime.



**Medina Youth Football Association**  
Colts—Mustangs—Stallions—Broncos  
CHEER DIVISION

2 OF 3

Support the efforts of the squad and the football team.

Help my fellow cheerleaders.

Always verify game times and locations and to arrive 45 minutes before gametime.

I will cheer the entire game, never leave the sideline without permission from my advisor/coach. I will not leave the field at the conclusion of the game until I am excused by my coach.

I shall remain at military attention during the National Anthem. Talking or laughing will not be tolerated.

My job is to be enthusiastic and promote good sportsmanship always.

**Appearance-**

Keep my uniforms and shoes clean, unwrinkled and presentable.

To wear my uniform proudly by having a neat and tidy appearance.

Arrive "game ready" with all apparel, warm ups, poms, hair bow, etc. in place in full dress uniform.

Avoid extreme makeup, dark nail polish and extreme hair colors.

Keep my nails short for safety reasons

Leave jewelry at home (not permitted at practice or games).

Like football players, we practice and perform in rain, mud, snow, sleet. I will be prepared for all weather. I will be knowledgeable of lightning rules.

Spirit Day/Fridays at school, if I choose to wear my uniform or spirit wear, I understand I represent my team and the organization and will maintain excellent conduct, act responsibly and set a good example for others.

**Social Networking -**

Never make a negative comment in person or via phone, text, online post or blog about or directed to my fellow squad members, my team, our fans or the opposing team. I understand that any unsportsmanlike conduct will be dealt with swiftly!



**Medina Youth Football Association**  
Colts—Mustangs—Stallions—Broncos  
CHEER DIVISION

SOCIAL NETWORKING AGREEMENT

I, \_\_\_\_\_ AND \_\_\_\_\_,  
(Cheerleader) (Parent)

do hereby agree to refrain from posting ANY comments or links on any social networking website, blog or other public forum that is a negative reflection on me, my teammates, coaches and/or the MYFA Cheerleading or Football programs.

This includes, but is not limited to: your personal or public Facebook account, My Space, Twitter, You Tube or other similar site.

Furthermore, I understand it is forbidden to post videos of cheers or performances in their entirety unless given express permission from the Cheer Director.

I understand, that any portrayal or photograph of me, posted on any public forum, that is in direct violation of the MYFA Code of Conduct and/or guidelines for appropriate behavior, may result in immediate removal from the squad.

I have read the MYFA Cheerleader Code of Conduct/Ethics and agree to abide by the rules set forth. I agree to make a commitment to my team. Should I break any guidelines or rules, I understand there will be consequences or penalties.

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**MYFA**

Promises to help you become a good cheerleader in a safe, wholesome and fun environment. MYFA Cheer team promises good coaching techniques age appropriate for development and will utilize skill progressions. Your coaching team will provide positive support, care and encouragement. MYFA promises to respect you.

**HEART PRIDE DISCIPLINE**

**Go Cheerleaders! Go Team!**



**Return this signed page only**